

Referral Information Needed

- Client details (name, DOB, contact)
- Cultural identity (if shared)
- Presenting concerns
- Current supports/services

Support Areas Include

- Mental health & wellbeing
- Housing
- AOD
- BTH
- Family support
- Legal & financial issues

Privacy & Consent:

- Client consent is required
- Information is confidential
- Only relevant details are collected

Our Approach

- ✓ Respect
- ✓ Cultural safety
- ✓ Confidentiality
- ✓ Community connection



PORT LINCOLN ABORIGINAL
HEALTH SERVICE LTD.

**PORT LINCOLN ABORIGINAL
HEALTH SERVICES**

Contact Us

**PLAHS – Social & Emotional
Wellbeing Team**

Scan QR code to download
referral form:



PO Box 1583
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www.plahs.org.au



https://www.facebook.com/plahs.org.au/

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Accreditation
Pty Ltd Certificate No: QPA24-9422



Social & Emotional Wellbeing (SEWB) support

Supporting Individuals, Families & Community
18+ clients only



Providing culturally safe, trauma-informed
support to help you stay strong, connected,
and supported.



Case management

It is a supportive process where we work together to understand your needs, goals, and challenges. Our role is to help you plan the next steps, connect you with the right services, support you to make informed choices, and check in with you along the way. Case management is about working beside you, not taking over, so you feel supported, safe, and able to move towards your goals.”

Family support role in SEWB

Provides holistic, culturally grounded support to strengthen the social and emotional wellbeing of families. We walk alongside community members, offering practical help, guidance, and connection to services that promote healing, resilience, and strong family relationships. Through yarning, advocacy, and capacity-building, we empower families to feel supported, safe, and confident as they navigate life's challenges.

When to Refer

We support clients experiencing:

- Stress, grief, trauma
- Housing or homelessness risk
- Family or relationship challenges
- Financial hardship
- Legal or community issues

How We Support You

- Trauma-informed & culturally appropriate care
- Strength-based approach

Support for:

- Mental health & wellbeing
- Family & relationships
- Housing & financial challenges
- Alcohol & other drugs
- Connection to culture, community & identity
- Women's & Men's Group programs

What We Offer

- Intake & culturally safe engagement
- SEWB assessments & goal setting
- Case coordination across services
- Advocacy (housing, Centrelink, health, legal)
- Referrals to support services

Important Note

High-risk mental health cases should be referred to:

- GP / Hospital services
- Emergency services (if needed)