



Adult Health Assessment (AHA) Clinics



November



Looking after your health starts with a check-up. 🌿

Book in for an Adult Health Assessment (AHA) to have a yarn with one of our doctors and make sure you're staying healthy and strong.



Tuesday 3 November – Dr Monty (all day)



Wednesday 4 November – Dr Lauren (all day) & Dr Shade McClymont (morning)



Monday 9 November – Dr Alex (morning only) & Dr Monty (afternoon only)



Wednesday 11 November – Dr Liying Chen (all day)



Monday 16 November – Dr Alex, Dr Monty & Dr Liying (all day)



Wednesday 18 November – Dr Liying Chen (morning only)



Tuesday 24 November – Dr Lauren (all day)

To book an appointment, contact PLAHS Reception on **8683 0162**.



Supporting our community to stay healthy, strong and connected.

