

ADULT HEALTH ASSESSMENT (AHA)

Clinic Days- September

Take charge of your health and wellbeing

- ✓ Check your overall health
- ✓ Discuss health concerns
- ✓ Access support services
- ✓ Prevent future health issues

PLAHS will be offering dedicated Adult Health Assessment (AHA) appointments on the following dates in September:

 **Wednesday 9 September**
• Dr Serena (All Day)

 **Monday 21 September**
• Dr Monty (morning session)
• Dr Mary (All Day)

 **Tuesday 15 September**
• Dr Monty (9:20am – 12:00pm)
• Dr Serena (9:20am – 3:40pm)

 **Tuesday 29 September**
• Dr Mary (All Day)

 **Book Your Appointment Today**

Call Reception **08 8683 0162** or email reception@plahs.org.au

Supporting healthier communities through prevention, early detection, and ongoing care.