

# How PLAHS can support you with your NDIS needs?


Our NDIS connector and coordinator will help you:


- Increase awareness and understanding about NDIS.
- Provide link between mainstream NDIS service providers.
- Helping you to understand your NDIS plan.
- Assist with gathering of support documents for your NDIS application.
- Providing advocacy for clients across mainstream services and NDIS on half of clients.

For more information, please contact PLAHS NDIS team

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PORT LINCOLN ABORIGINAL  
HEALTH SERVICE LTD.

# National Disability Insurance Scheme

'Helping our mob on their NDIS  
journey'

**Business Hours:**  
**8.30am - 5.00pm**  
**Monday to Friday**





# What is National Disability Insurance Scheme?

NDIS is a government program that helps Mob under the age of 65 living with a disability to access services with the help of funding:



To live strongly and independently in the community with the help of NDIS plan to achieve their goals e.g., Going out to footy each week.



To pay for the things that are written in your NDIS plan e.g., a new wheelchair.



Support for parents and families with kids who have a disability or developmental delay.



# What is an NDIS Plan?

**Core Funding**  
Helps with everyday tasks including Assistance with daily activities, Social and community participation and Transport around your community.

**Capital Funding**  
To buy equipment to help move around or communicate. Modifications at home to make it easier to live and move around safely.

**Capacity Building Funding**  
To help to build skills to do things independently for daily living, Social and Community Participation, improving relationships, Employment and Learning and Living arrangements.



# What can I spend my NDIS funds on?

The NDIS will only fund **“Reasonable and Necessary”** support that meet your needs and goals in your NDIS Plan.



Be more independent e.g., making changes in your house



Get equipment and aids you need



Get out in the community!



The support related to your disability



# NDIS two pathways for kids

**Early Childhood Pathway:**  
It is for kids aged 0-6 years with a developmental delay. In this age group, kids do not need a diagnosed disability.

**For Young people aged 7-18:**  
In this age group, young people need to have a formal diagnosis of a disability.



# NDIS and Mental Health

NDIS can help Mob with **‘psychosocial disability’** which makes the things they like or need to do challenging because of a severe or permanent mental health condition.

## Eligibility Criteria:

- Your mental condition makes it difficult to do everyday things.
- Your mental health condition is not a result of drug and alcohol misuse.
- You are likely to have the mental health condition for the rest of your life.



# Privacy and confidentiality of your personal information

Client files are securely stored. Your personal information is kept private and confidential. Informed consent from you is sought for sharing information to ensure your ongoing care and treatment.

See PLAHS Privacy Policy on our website.



[plahs.org.au](http://plahs.org.au)